# Overexpression of Vascular Endothelial Growth Factor-B in Mouse Heart Alters Cardiac Lipid Metabolism and Induces Myocardial Hypertrophy

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Abstract—Vascular endothelial growth factor (VEGF)-B is poorly angiogenic but prominently expressed in metabolically highly active tissues, including the heart. We produced mice expressing a cardiac-specific VEGF-B transgene via the  $\alpha$ -myosin heavy chain promoter. Surprisingly, the hearts of the VEGF-B transgenic mice showed concentric cardiac hypertrophy without significant changes in heart function. The cardiac hypertrophy was attributable to an increased size of the cardiomyocytes. Blood capillary size was increased, whereas the number of blood vessels per cell nucleus remained unchanged. Despite the cardiac hypertrophy, the transgenic mice had lower heart rate and blood pressure than their littermates, and they responded similarly to angiotensin II–induced hypertension, confirming that the hypertrophy does not compromise heart function. Interestingly, the isolated transgenic hearts had less cardiomyocyte damage after ischemia. Significantly increased ceramide and decreased triglyceride levels were found in the transgenic hearts. This was associated with structural changes and eventual lysis of mitochondria, resulting in accumulation of intracellular vacuoles in cardiomyocytes and increased death of the transgenic mice, apparently because of mitochondrial lipotoxicity in the heart. These results suggest that VEGF-B regulates lipid metabolism, an unexpected function for an angiogenic growth factor. (*Circ Res.* 2008;103:0-0.)

Key Words: VEGF-B ■ cardiac hypertrophy ■ cardiac metabolism ■ fatty acids ■ mitochondria

Members of the vascular endothelial growth factor (VEGF) family, currently comprising 5 mammalian proteins, are major regulators of blood and lymphatic vessel development and growth. VEGF is essential for vasculogenesis and angiogenesis, whereas VEGF-C is necessary for lymphangiogenesis. Although not required for embryonic development, placenta growth factor and VEGF-D are likely to play more subtle roles in the control of angiogenesis and lymphangiogenesis, or function under pathological conditions.<sup>1,2</sup>

VEGF-B exists as 2 isoforms generated by alternative splicing. VEGF-B<sub>167</sub> has a heparin-binding carboxyl terminus, whereas VEGF-B<sub>186</sub> contains a hydrophobic carboxyl terminus, is *O*-glycosylated, and proteolytically processed.<sup>3</sup> Both isoforms bind to VEGF receptor (VEGFR)-1 and neuropilin-1 but not to the major mitogenic endothelial cell receptors VEGFR-2 or VEGFR-3.<sup>4,5</sup>

VEGF-B has a wide tissue distribution, being most abundant in the myocardium, skeletal, and vascular smooth muscle, as well as in brown adipose tissue.<sup>6</sup> Mice lacking VEGF-B are viable and fertile and display only a mild phenotype in the heart. This is manifested as an atrial conduction abnormality characterized by a prolonged PQ interval in 1 strain (C57Bl background),7 or as a smaller heart size with impaired recovery after myocardial ischemia in another (129/SvJ or 129/SvJ×C57Bl/6J background).8 Furthermore, VEGF-B has also been implicated in pathological vascular changes in inflammatory arthritis9 and in protecting the brain from ischemic injury.<sup>10</sup> However, the ability of VEGF-B to stimulate angiogenesis directly is poor in many tissues. VEGF-B did not stimulate vessel growth when delivered into muscle or periadventitial tissue via adenoviral vectors.11,12 On the contrary, VEGF-B overexpressed in endothelial cells of transgenic mice was able to potentiate,

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Circulation Research is available at http://circres.ahajournals.org

Original received October 7, 2007; resubmission received April 29, 2008; revised resubmission received July 14, 2008; accepted August 20, 2008. From the Molecular/Cancer Biology Laboratory and Ludwig Institute for Cancer Research, Biomedicum Helsinki and Haartman Institute (T.K., M.B., H.O., R.K., M.J., K.P., K.A.) and Institute of Biomedicine (T.H., E.M.), Department of Pharmacology, University of Helsinki and Helsinki University Central Hospital; VTT Technical Research Centre of Finland (T.S.-L., M.O.), Espoo; Departments of Medical Biochemistry and Molecular Biology (E.L., I.E.H.) and Pharmacology and Toxicology (H.L.), University of Oulu; A. I. Virtanen Institute (M.M., S.Y.-H.), Department of Biotechnology and Molecular Medicine, University of Kuopio; and Department of Pathology (L.C.A.), Haartman Institute, University of Helsinki, Finland. Present address for T.K.: Hubrecht Institute, Utrecht, The Netherlands.

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rather than initiate, angiogenesis.<sup>13</sup> And unlike VEGF, VEGF-B did not increase vascular permeability.<sup>8,13</sup>

Here we have studied the effects of VEGF-B in the skin and heart, by overexpression via the keratin-14 and  $\alpha$  myosin heavy chain ( $\alpha$ MyHC) promoters, respectively. VEGF-B promoted very little angiogenesis. However, mice overexpressing VEGF-B in the heart gradually developed cardiac hypertrophy with increased cardiomyocyte size and, surprisingly, had lower blood pressure, lower heart rate and larger blood vessels in the myocardium than their wild-type (WT) littermates. The hypertrophy was associated with changes in mitochondrial morphology and eventual lysis of mitochondria. We found marked changes in the lipidomic profiles of the transgenic hearts, including increased amounts of ceramides. These results suggest that VEGF-B is capable of altering cardiac lipid metabolism, with overexpression ultimately leading to cardiomyopathy.

#### **Materials and Methods**

An expanded Materials and Methods section is available in the online data supplement at http://circres.ahajournals.org.

#### **Generation of Transgenic Mice**

To generate keratin-14–VEGF-B transgenic mice, DNA from the human VEGF-B gene was cloned into the keratin-14 expression vector (provided by Dr Elaine Fuchs). To generate the heart-specific transgene, cDNA encoding human VEGF-B<sub>167</sub><sup>14</sup> was ligated into the  $\alpha$ MyHC promoter expression vector (a gift from Dr Jeffrey Robbins). Expression cassettes were injected into fertilized mouse oocytes of FVB background. Mice were PCR-genotyped using tail DNA. All mouse experiments were approved by the Provincial State Office of Southern Finland and carried out in accordance with institutional guidelines.

#### Immunohistochemistry

Sections of paraformaldehyde-fixed, paraffin-embedded mouse hearts were stained with rat antibodies against mouse platelet endothelial cell adhesion molecule (Pecam)-1 (BD Pharmingen) using biotinylated antirat IgG (Vector Laboratories) and TSA-kit (NEN Life Sciences) for detection. The number and size of Pecam-1-stained vessels were quantified using ImageJ program (NIH). Results are presented as averages±SD.

Acetone-fixed cryosections were stained with antibodies against collagen IV (CosmoBio), laminin-1 (a gift from Päivi Liesi), VEGFR-1 (a gift from Dr Bronek Pytowski, ImClone Systems), neuropilin-1 or VEGF-B (R&D Systems). AlexaFluor488-conjugated anti-rabbit or AlexaFluor594-conjugated anti-goat (Molecular Probes) antibodies were used for detection. Cardiomyocyte sizes were quantified from laminin-1-stained photomicrographs using Axiovision program (Zeiss).

#### Echocardiography

Transthoracic echocardiography was performed using Acuson Ultrasound System (Sequoia512) and a 15-MHz linear transducer. Mice were anesthetized with fentanyl citrate, fluanisone, and midazolam, and normal body temperature was maintained.

#### **Telemetric Analysis**

Heart rate and mean arterial pressure were recorded from left carotid artery using telemetric implants as previously described,<sup>15</sup> except xylazine was used for anesthesia. Data collection was started on the fifth day when the normal circadian rhythm of the mice had returned. Data were gathered day and night for 2 weeks, every 5 minutes for 10 seconds.

## Measurements of Mitochondrial Redox State and Tolerance of Short-Term Ischemia in Isolated, Perfused Hearts

Aorta was cannulated immediately after cervical dislocation and perfusion commenced. The heart was enclosed in a thermostatic, light-tight chamber connected to a spectrophotometer–fluorometer. Left ventricular pressure was monitored using a saline-filled cannula connected to a Statham P231D pressure transducer and SP1400 pressure monitor. Parameters were calculated with custom-designed software. Venous effluent from the heart was collected in 1-minute aliquots and lactate dehydrogenase (LDH) washout measured. The values are presented as means±SE.

#### Angiotensin II–Induced Pressure Overload

Angiotensin (Ang) II was administered via subcutaneous Alzetminipumps (Scanbur AB) for 1 week (0.1 mg/kg/h). Echocardiography was performed using VEVO 779 Ultrasound System (VisualSonics).

#### **Electron Microscopy**

Left ventricular samples were fixed with glutaraldehyde, postosmicated, and embedded in epon. Regions of interest were examined with JEOL 1400 EX Transmission Electron Microscope.

#### Lipidomic Analysis of Heart Tissue

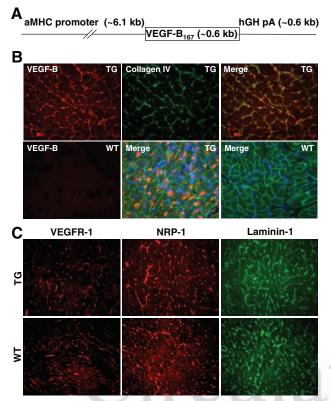
Lipid extracts of heart tissue, mixed with a labeled lipid standard mixture, were analyzed on a Waters Q-Tof Premier mass spectrometer combined with Acquity Ultra Performance liquid chromatography. Results are presented as means±SEM.

#### Results

VEGF-B is minimally angiogenic in the skin. We generated transgenic mice overexpressing VEGF-B in the epidermis under the keratin-14 promoter (Figure IA and IB in the online data supplement). Dermal vessel density and branching were only slightly increased ( $\approx 20\%$ ; supplemental Figure IC), thus VEGF-B only minimally promoted angiogenesis in the skin.

VEGF-B encoded by a heart-specific transgene is associated with pericellular matrix. As the heart is 1 of the major sites of VEGF-B expression and the primary organ affected on deletion of the VEGF-B gene, we studied the effects of VEGF-B in this tissue. For this, we overexpressed the heparin-binding VEGF-B isoform, VEGF-B<sub>167</sub>, under the  $\alpha$ -myosin heavy chain ( $\alpha$ MyHC) promoter (Figure 1A). The VEGF-B<sub>167</sub> transgene was expressed at 6- and 8-fold compared to the endogenous VEGF-B gene in the myocardium of the 2 transgenic mouse lines studied, as analyzed by Northern and Western blotting (supplemental Figure ID and data not shown), and by immunohistochemistry (Figure 1B). Much of the extracellular VEGF-B<sub>167</sub> protein colocalized with the pericellular matrix component collagen IV (Figure 1B). Intracellular staining was also observed in denatured samples (Figure 1B, bottom row, middle). VEGFR-1 and neuropilin-1 distribution partially overlapped with that of collagen IV and laminin (Figure 1B and 1C and data not shown), suggesting that extracellular VEGF-B was bound to heparan sulfates in the basal laminae of myocardial blood vessels and cardiomyocytes.

The hearts of the  $\alpha$ MyHC-VEGF-B<sub>167</sub> mice display cardiac hypertrophy but no significant change in systolic function. The hearts of the transgenic mice appeared bigger and more muscular than the hearts of their WT littermates (Figure 2A). In cross-sections the walls of the left ventricle were thicker



**Figure 1.** Expression of the  $\alpha$ MyHC-VEGF-B<sub>167</sub> transgeneencoded protein. A, Schematic structure of the  $\alpha$ MyHC-VEGF-B<sub>167</sub> transgene. hGH pA indicates human growth hormone polyadenylation signal. B, Immunohistochemical staining of heart sections from the  $\alpha$ MyHC-VEGF-B<sub>167</sub> mice (TG) and WT littermates with antibodies against VEGF-B (red) and collagen IV (green). The bottom images in the middle and far right represent merged figures of permeabilized samples showing intracellular VEGF-B staining. Blue, DAPI staining of nuclei. C, Immunohistochemical staining of heart sections from the  $\alpha$ MyHC-VEGF-B<sub>167</sub> mice (top row) and littermates (bottom row) with antibodies against VEGFR-1 (red), neuropilin-1 (NRP-1) (red), and laminin-1 (green).

and the cardiomyocytes larger (Figure 2B and 2C). Hypertrophy of the cardiomyocytes was confirmed by cell area quantification from sections stained for laminin-1 (Figure 2C and 2D). The heart to body weight ratio was significantly higher in the transgenic mice when compared to their littermates ( $5.93\pm1.36$  mg/g for TG males, average $\pm$ SD, n=16, as compared to  $4.95\pm0.78$  mg/g for WT males, n=16, P<0.02; Figure 2E). A higher heart weight to body weight ratio was also observed in female transgenic mice (data not shown).

Echocardiography confirmed the left ventricular hypertrophy in the  $\alpha$ MyHC-VEGF-B<sub>167</sub> mice as measured by the thickness of the left ventricular posterior wall (Figure 2F) and interventricular septum (Figure 2G) in diastole and by the functional left ventricular mass (Figure 2H). No change was observed in diastolic left ventricular diameter (Table). The cardiac hypertrophy was more severe in male mice and increased with age (Figure 2F through 2H). However, there was no change in systolic function as measured by ejection fraction and fractional shortening (Table).

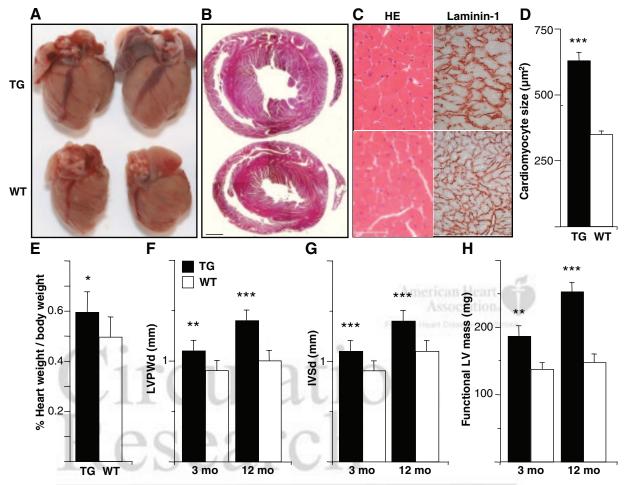
Telemetric measurement revealed that the transgenic heart rate was significantly lower than the heart rate of WT littermates (511±52 bpm for TG, n=3, versus 635±20 bpm for WT mice, n=5, P<0.001; Figure 3A). Both systolic and diastolic blood pressures were also lower in the transgenic mice (128±3.6 mm Hg versus 143±5.1 mm Hg in systole and 94±3.7 mm Hg versus 109±5.5 mm Hg in diastole, for TG, n=3, and WT, n=5, mice, respectively, P<0.001; Figure 3B and supplemental Figure II). However,  $\alpha$ MyHC-VEGF-B<sub>167</sub> mice under anesthesia had ventricular extrasystoles and were more prone to arrhythmias (20/28 of TG versus 5/29 of WT mice at 12 months of age). We also observed an increase in the death rate of the transgenic mice (Figure 3C).

# The Hearts of the $\alpha$ MyHC-VEGF-B<sub>167</sub> Mice Have Larger Blood Vessels

Immunohistochemical staining for Pecam-1 revealed a lower blood vessel density in the hearts of  $\alpha$ MyHC-VEGF-B<sub>167</sub> mice than in WT littermates (236±33 versus 297±38 vessels per microscopic field, n=13, P<0.001; Figure 4A through 4C). However, when calculated per number of cardiomyocyte nuclei in the analyzed area, the number of vessels in transgenic hearts was comparable to that of WT hearts  $(1.68\pm0.19, n=7, versus 1.95\pm0.24, n=5, P>0.05, Figure$ 4D). The blood vessels in the myocardium of the  $\alpha$ MyHC-VEGF-B<sub>167</sub> mice were larger than those of their littermates (average vessel area 1223±244 versus 944±130 pixels, P < 0.002, Figure 4E). This was associated with an increase in the number of endothelial cells per vessel cross-section  $(0.64\pm0.11, n=6, versus 0.51\pm0.09, n=4, P<0.004)$ . Thus, the total area covered by blood vessels in the myocardium of the transgenic mice was similar to that of controls (277236±44831 versus 274278±37929 pixels per microscopic field, P > 0.5; Figure 4F). This indicates that although VEGF-B<sub>167</sub> overexpression did not affect the vessel number per cardiomyocyte, the vessel area per cardiomyocyte was increased. Sec.

#### **Mitochondrial Redox State**

Central for energy metabolism and heart function is fatty acid oxidation coupled to ATP production in mitochondria. The myocardial content of cytochrome c oxidase (cytochrome aa<sub>3</sub>), a marker of the mitochondrial respiratory chain, was similar in transgenic and control hearts. The steady state oxidation-reduction level of cytochrome aa3 tended to be slightly more reduced in transgenic hearts than in controls (Figure 5A and 5B), which was also the case for the fluorescent flavoproteins. These mainly reflect the activity of mitochondrial lipoamide dehydrogenase, which is in equilibrium with the NADH/NAD pool<sup>16</sup> and can therefore be used as a redox indicator for NADH/NAD in the mitochondrial matrix. When the cytochrome aa<sub>3</sub> reduction percentage was plotted against mechanical work output during electric pacing to varying heart rates, the plots were linear without a significant difference between the slopes of transgenic and control hearts. Cytochrome aa3 reduction at the intercept (representing 0 work output) was similar for both transgenic and control hearts, indicating no difference in the mitochondrial coupling efficiency (data not shown).



**Figure 2.** The hearts of the  $\alpha$ MyHC-VEGF-B<sub>167</sub> mice display cardiac hypertrophy but no significant change in systolic function. A, Ventral view of the hearts from male  $\alpha$ MyHC-VEGF-B<sub>167</sub> mice (top) and WT littermates (bottom). B, Hematoxylin/eosin–stained heart sections from a male  $\alpha$ MyHC-VEGF-B<sub>167</sub> mouse (top) and WT littermate (bottom). Scale bar=1 mm. C, Hematoxylin/eosin–(HE) and laminin-1-stained heart sections from a male  $\alpha$ MyHC-VEGF-B<sub>167</sub> mouse (top) and WT littermate (bottom). Scale bar=50  $\mu$ m. D, Size of the myocytes in the  $\alpha$ MyHC-VEGF-B<sub>167</sub> and WT hearts (n=10 in both groups). E, Heart weight percentage in male  $\alpha$ MyHC-VEGF-B<sub>167</sub> and WT mice. F through H, Thickness of the left ventricular posterior wall (LVPWd) (F) and of the interventricular septum (IVSd) (G) in diastole and functional left ventricular mass (H) measured by echocardiography in 3- and 12-month (mo)-old male  $\alpha$ MyHC-VEGF-B<sub>167</sub> and WT mice. \*P<0.02; \*\*P<0.01; \*\*P<0.001; \*\*P<0.001;

#### **Ischemia and Pressure Overload Tolerance**

LDH washout from the transgenic hearts after a 20-minute period of ischemia was significantly less than from WT controls (Figure 5C), suggesting less cellular damage on ischemia-reperfusion. Despite this indication of myocardial protection, the relative work output (pressure development×heart rate) during the first 10 minutes of reperfusion tended to be lower in the transgenic hearts ( $64\pm2\%$  versus  $90\pm18\%$ , for TG, n=3, and WT, n=6, hearts, respectively; Figure 5D). After 20 minutes of reperfusion this difference disappeared, the work output being  $82\pm7\%$  (n=3) in the  $\alpha$ MyHC-VEGF-B<sub>167</sub> hearts and  $85\pm18$ (n=3) in the controls (Figure 5D).

Both transgenic and WT mice responded to Ang II– induced pressure overload by decreasing left ventricular internal diameter and stroke volume (WT untreated  $34.26\pm4.47 \ \mu$ L, WT Ang II–treated  $28.01\pm4.48 \ \mu$ L, n=6, P<0.05; TG untreated  $39.13\pm5.17 \ \mu$ L, TG Ang II–treated  $28.12\pm4.47 \ \mu$ L, n=6, P<0.01). Furthermore, the Ang II– treated transgenic mice did not show any functional impairment when compared to Ang II-treated WT littermates in echocardiographic analysis, further confirming that the VEGF-B induced hypertrophy does not compromise heart function.

# Mitochondrial Changes in the Transgenic Hearts Are Associated With Abnormal Lipid Accumulation

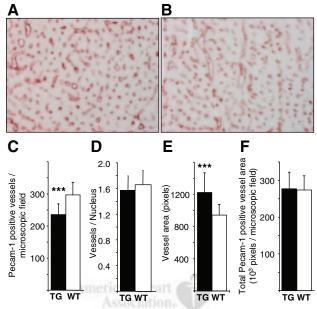
Despite normal cytochrome concentrations in the transgenic hearts, electron microscopic analysis revealed progressive changes in the structure of cardiomyocyte mitochondria in 2and 6-month-old transgenic mice (Figure 6A through 6D and supplemental Figure III), including swelling and altered morphology of the cristae (white arrows, Figure 6C), apparently leading to mitochondrial lysis (black arrows). These changes accumulated in older transgenic mice, and intracellular vacuoles were visible in the transgenic hearts in light microscopy at 1 year of age (arrows in Figure 6E). Mitochondrial changes suggested altered energy metabolism in the cardiomyocytes, which use mainly fatty acids as an energy source.

Parameter	Three Months		Twelve Months	
	TG	WT	TG	WT
IVSd (mm)	1.1±0.1*	0.9±0.1	1.4±0.1*	1.1±0.1
IVSs (mm)	2.0±0.2*	1.9±0.1	$2.2 \pm 0.2^{*}$	2.0±0.1
LVd (mm)	$3.9{\pm}0.4$	4.0±0.2	$3.9{\pm}0.3$	$3.6\pm0.3$
LVs (mm)	1.6±0.3	$1.7 {\pm} 0.4$	$1.8 {\pm} 0.5$	$1.4 \pm 0.6$
LVPWd (mm)	1.1±0.1*	$0.9 {\pm} 0.1$	1.4±0.2*	$1.0\pm0.1$
LVPWs (mm)	1.8±0.2*	1.6±0.2	$2.0\pm0.3$	1.8±0.2
MWTd (mm)	1.1±0.1*	$0.9 {\pm} 0.1$	1.4±0.1*	$1.1\pm0.1$
MWTs (mm)	1.9±0.2*	$1.7 {\pm} 0.1$	$2.1 \pm 0.2^{*}$	1.9±0.1
LV FS (%)	60±7	59±8	53±12	63±14
LV EF (%)	93±3	92±4	87±8	93±6
LV mass (mg)	187±41*	137±29	253±40*	148±37
HR (beats/min)	296±40*	416±90	324±28*	377±43

Table. Echocardiographic Analysis of Three- and Twelve-Month-Old Transgenic Mice and Wild-Type Littermates

Results are expressed as means $\pm$ SD. \**P*<0.05 vs WT (n=8–10 in each group). d indicates diastole; s, systole; IVS, interventricular septum; LV, left ventricle; LVPW, left ventricle posterior wall; MWT, mean wall thickness; FS, fractional shortening; EF, ejection fraction; HR, heart rate.

Previous studies have indicated that increased myocardial fatty acid uptake or decreased fatty acid utilization leads to cardiac hypertrophy followed by the accumulation of toxic lipid species.<sup>17,18</sup> We therefore carried out lipidomic profiling of the hearts. This analysis revealed a significant increase in de novo synthesized ceramide levels in the transgenic hearts, as measured by the ceramide to sphingomyelin ratio (Figure 7A and supplemental Figure IV), whereas the triacylglycerols were decreased, as normalized to total phospholipid concentrations (Figure 7B) or to tissue weight (data not shown). Ceramides are known for their toxicity and accumulate in pathological conditions such as diabetes mellitus or adipose tissue inflammation.<sup>19,20</sup> Thus, ceramide accumulation was the probable reason for the morphological changes and increased mortality of the  $\alpha$ MyHC-VEGF-B<sub>167</sub> transgenic mice.



**Figure 4.** Altered pattern of myocardial capillaries in the  $\alpha$ MyHC-VEGF-B<sub>167</sub> hearts. Sections of the hearts from male  $\alpha$ MyHC-VEGF-B<sub>167</sub> (A) and WT littermate (B) mice were stained with antibodies against Pecam-1, and the number of Pecam-1 positive vessels was quantified (C). D through F, Number of Pecam-1–positive vessels per cell nucleus (D), average area of Pecam-1 positive vessels (E), and total area covered by Pecam-1 positive vessels (F) in  $\alpha$ MyHC-VEGF-B<sub>167</sub> and WT littermates. The values are presented as averages±SD \*\*\*P<0.002.

#### Discussion

In the present study, we show that elevated expression of VEGF-B induces very little angiogenesis in the skin or heart but, instead, hypertrophy of the cardiac muscle without significant changes in pumping function. Because the transgenic blood pressure and heart rate were decreased, the hypertrophy was not a consequence of increased workload but, rather, caused by an intrinsic metabolic effect induced by cardiomyocyte expression of VEGF-B. Although the transgenic mice had larger myocardial capillaries, their tolerance

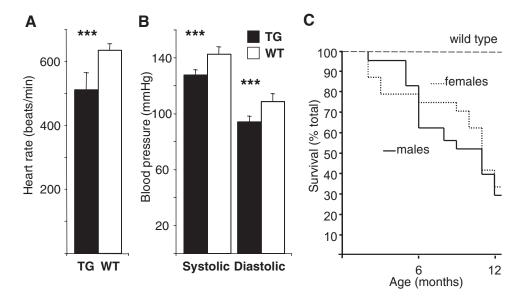


Figure 3. Heart rate, blood pressure, and survival of the transgenic and WT mice. Telemetric measurements of the heart rate (A), as well as systolic and diastolic blood pressure (B), of 5-month-old homozygous aMyHC-VEGF-B<sub>167</sub> male mice and WT controls. The values are presented as averages ± SD. \*\*\*P<0.001. C, Transgenic male (n=24) and female (n=27) mice were followed for 12 months, and incidence of spontaneous death was recorded as a function of time and compared to the previously reported WT FVB/N survival (60% at 24 months according to Harlan Sprague Dawley Inc). Data are presented as a Kaplan-Meier survival curve.

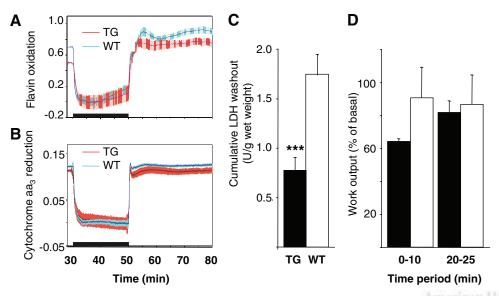
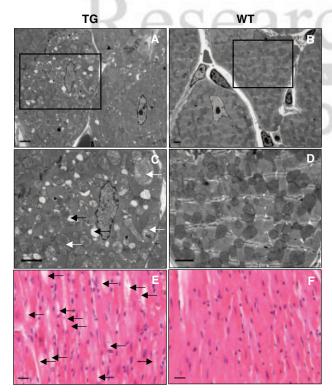


Figure 5. Effects of short-term global ischemia and reperfusion on the hearts of aMyHC-VEGF-B<sub>167</sub> mice. Oxidationreduction state of cytochrome c oxidase (cytochrome aa<sub>3</sub>) (A, values on the v axis present fluorescence increase 465 to 540 nm) and fluorescent flavoproteins (B, values on the y axis present fluorescence change 605 to 530 nm) in αMyHC-VEGF-B<sub>167</sub> and control hearts during 20-minute global ischemia and reperfusion. The black horizontal bar depicts the time period of ischemia, and, in both A and B, upward deflection indicates oxidation. Red indicates aMyHC-VEGF- $B_{167}$  (n=7); blue, controls (n=10). The hatched area represents ±SE. C, Cumulative LDH washout from homozy-

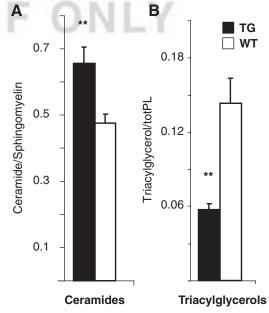
gous  $\alpha$ MyHC-VEGF-B<sub>167</sub> and control mouse hearts during 30 minutes of reperfusion after 20 minutes of global ischemia. The values are means ±SE from 6 and 10 independent experiments, respectively. \*\*\*P<0.005. D, Work output from  $\alpha$ MyHC-VEGF-B<sub>167</sub> and WT mouse hearts during reperfusion after 20 minutes of global ischemia. The values are presented as means ±SE from 3 and 6 experiments, respectively.

to cardiac ischemia and reperfusion, as well as to Ang II-induced myocardial stress was not compromised. However, evidence was obtained of altered cardiac lipid metabolism, ceramide accumulation, gradual mitochondrial damage,



**Figure 6.** The  $\alpha$ MyHC-VEGF-B<sub>167</sub> mice display abnormal mitochondria and vacuoles in cardiomyocytes. A through D, Transmission electron micrographs displaying mitochondrial morphology in 6-month-old  $\alpha$ MyHC-VEGF-B<sub>167</sub> (left) and WT (right) control hearts. Scale bar=2  $\mu$ m. C and D, Magnified images of boxed areas in A and B. E, Vacuoles inside cardiomyocytes in 1.5-year-old mice, hematoxylin/eosin staining. Scale bar=50  $\mu$ m. and increased death of the transgenic mice. The unexpected metabolic and trophic effects of VEGF-B in the myocardium and the absence of major angiogenic effects are striking for a member of the VEGF family.

Several studies, including our present results, indicate that VEGF-B is not a major angiogenesis-inducing factor. Instead, VEGF-B may have the ability to potentiate neovascularization in pathological conditions.<sup>9</sup> In this regard, VEGF-B differs greatly from placenta growth factor, which also binds to VEGFR-1 and neuropilin-1 and induces angiogenesis in



**Figure 7.** The hearts of the  $\alpha$ MyHC-VEGF-B<sub>167</sub> mice contain an increased amount of ceramides but decreased levels of triacylglycerols. The concentration of ceramides to sphingomyelin (A) and triacylglycerols to total phospholipid levels (B) in female  $\alpha$ MyHC-VEGF-B<sub>167</sub> (n=8) and WT (n=9) mice are shown. \*\*P<0.05. Values are presented as means±SEM.

various tissues, including the heart.<sup>21,22</sup> In the skin, VEGF-B overexpression only slightly increased dermal capillary density. In the VEGF-B overexpressing hearts, vessel density was decreased because of vessel displacement by hypertrophic cardiomyocytes, whereas vessel diameter was greater so that the total capillary area per cardiomyocyte was increased. VEGF-B staining decorated cardiomyocytes and the pericellular basement membranes, indicating that the transgene was abundantly expressed, and consistent with the finding that VEGF-B<sub>167</sub> binds to pericellular heparan sulfate.<sup>14</sup> The lack of a significant angiogenic effect is consistent with earlier reports where VEGF-B was expressed in endothelial cells and shown to promote minimal angiogenesis.<sup>13</sup>

We detected a progressively increasing heart to body weight ratio in the transgenic mice, which was associated with increased thickness of the cardiac muscle wall. The reason for the increased cardiac mass appeared to be hypertrophy of the cardiomyocytes as determined by increased cell size, and the transgenic hearts lacked areas of fibrosis or edema. In contrast to forms of human hypertrophic cardiomyopathy, parallel sarcomere orientation was preserved in the transgenic hearts. Increased  $\beta$ -adrenergic stimulation and systemic hypertension with associated work overload are known to induce a hypertrophic response in the left ventricle, and angiogenesis is known to be essential for overloadinduced adaptive cardiac hypertrophy, whereas inhibition of angiogenesis leads to heart failure.23,24 The VEGF-B-induced hypertrophy, however, was not related to these conditions as the heart rate and blood pressure were lower in the transgenic mice, and hypertrophy comprised all parts of the myocardium. Otherwise, the anatomy of the heart and the great vessels was normal. The myocardial hypertrophy in the VEGF-B-overexpressing hearts contrasts with the loss-of-function phenotype of the VEGF-B knockout mice, which have smaller hearts,8 and is consistent with the recent report that adenoviral VEGF-B treatment promotes cardiomyocyte hypertrophy after myocardial infarction.25

We observed that intracellular vacuoles accumulate in the cardiomyocytes of the transgenic mice. With electron microscopy these were found to be structures left behind from damaged mitochondria, suggesting that mitochondrial energy metabolism is disturbed in the VEGF-B-overexpressing hearts. As cardiomyocytes mainly use lipids as an energy source, it was logical to analyze their lipidomic profiles. Indeed, lipidomic analysis revealed significant changes in the lipid composition of the hearts and suggested a likely reason for the cardiac hypertrophy. Previous studies have indicated that excess transport of fatty acids can induce cardiac hypertrophy, which converts to lipotoxicity when the mitochondria cannot use all of the available lipids.17 In particular, ceramide accumulation is known to induce mitochondrial damage<sup>26</sup> and to play a critical role in the pathogenesis of lipotoxic cardiomyopathy.<sup>27</sup> The increased lipolysis of triacylglycerols is the likely reason for their observed depletion in transgenic hearts, and would also explain the elevated ceramide levels. Higher availability of fatty acids resulting from lipolysis would lead to increased demand for mitochondrial  $\beta$ -oxidation, whereas the excess pool of saturated long-chain fatty acids would provide substrate for de novo ceramide synthesis.<sup>28</sup>

Cardiac hypertrophy has also been described following overexpression of long-chain acyl-coenzyme A synthetase in the heart.<sup>29</sup> In this case, toxic lipid species accumulated in the hearts. Altered lipid metabolism seems to be the likely cause for the cardiac hypertrophy in the VEGF-B transgenic hearts, and, via increased ceramide accumulation, this would gradually lead to cardiomyocyte damage.

Ceramides are also involved in triggering macroautophagy.<sup>30</sup> The intracellular vacuoles in the transgenic hearts suggest ongoing autophagy, which is a normal process in the heart for removal of damaged cytosolic components.<sup>31</sup> This process is linked both to cardioprotection and lipolysis. A major portion of myocardial intracellular triacylglycerol hydrolysis is lysosomal,32 and lysosomes are involved in autophagosome formation.31 Moreover, increasing the autophagic capacity of cardiomyocytes decreased apoptosis induction on ischemia/reperfusion.33 These 2 processes, autophagy and lipolysis, both related to lysosomal activities, may link the present observations of protection against ischemic damage, a decrease in myocardial triacylglycerols, and an increase in ceramide. There appears to be a fine balance between the proapoptotic and protective actions of ceramide, because ceramide has been shown to attenuate hypoxic cell death.34 Elevated levels of ceramide could thus at least partly account for the improved cell survival after ischemia in  $\alpha$ MyHC-VEGF-B<sub>167</sub> hearts.

Hearts isolated from  $\alpha$ MyHC-VEGF-B<sub>167</sub> mice showed some protection against cellular damage after ischemia/ reperfusion, as evidenced by less LDH release. Nevertheless, there was no significant difference between the  $\alpha$ MyHC-VEGF-B<sub>167</sub> mice and controls in the mechanical work output 25 minutes after the beginning of reperfusion, although, during the first 10 minutes, there seemed to be a lag in attaining the basal work output. The causal connection between the subdued commencement of contractions on reperfusion and the decrease in LDH release is unclear. However, in isolated hearts, lower pressure during commencement of reperfusion has been found to protect against injury.<sup>35</sup>

We monitored the redox state of mitochondria during variable workload and substrate availability, but no systematic effects of the VEGF-B<sub>167</sub> overexpression were found (E.L. and I.E.H., unpublished observations). The response of the redox state of myocardial cytochrome aa<sub>3</sub> to workload transitions was normal, and the redox level at extrapolated zero workload, was similar in the  $\alpha$ MyHC-VEGF-B<sub>167</sub> and control hearts, indicating no difference in mitochondrial energy coupling or basal metabolic rate. Interestingly however, VEGF-B expression was recently found to correlate with that of several mitochondrial genes in a large bioinformatic and proteomic analysis of mitochondrial proteins,<sup>36</sup> suggesting that its expression is associated with energy metabolism. A recent study has also indicated that the metabolic sensor peroxisome proliferator-activated receptor-y coactivator  $1\alpha$  (PGC- $1\alpha$ ) regulates VEGF expression and angiogenesis in ischemic tissues.<sup>37</sup> These results shed new light on an important interplay between nutrient demand, metabolism, and vascular supply.

The changes observed in the VEGF-B<sub>167</sub> overexpressing cardiomyocytes may be triggered by receptor activation in endothelial cells, followed by an as yet undetermined signal-

ing to the cardiomyocytes. The finding that VEGF-B alters cardiomyocyte mitochondria and lipid metabolites in the heart in the absence of overt vessel growth is a new finding for an angiogenic factor. Although, in our case, the excess of VEGF-B ultimately leads to tissue damage, the potential of VEGF-B to regulate cardiomyocyte energy metabolism during shorter treatment periods may turn out to be useful in attempts to salvage myocardial insufficiency where the myocardial energy sources are defective.

#### Acknowledgments

We thank Raimo Tuuminen and Karl Lemström for help with quantitative histopathology, Ismo Virtanen and Fang Zhao with electron microscopy, Jenni Huusko with echocardiography, Berndt Enholm with generation of  $\alpha$ MyHC-VEGF-B<sub>167</sub> mice, Seppo Kaijalainen with RT-PCR, and Sandra Castillo for technical assistance. We also thank the Molecular Imaging Unit for microscope support.

### Sources of Funding

This study was supported by NIH grant 5-R01-HL075183-02; Academy of Finland Council of Health grants 202852, 204312, and 210599; and Novo Nordisk Foundation.

None.

# Disclosures

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